



Injured workers' rights

Workers Comp Fact Sheet 4

Advising workers of their rights

Insurance companies must:

- Tell injured workers within seven days after the initial notification whether they will start weekly compensation payments or, if not, the reason why
- Ensure the weekly compensation payments have begun on time
- Tell employees they have the right to lodge a claim form and how to get help from their union, WorkCover or solicitor
- Pay benefits promptly.

Refer to your union for more information.

As a worker. you have the right:

- To choose your own doctor
- To choose your own rehabilitation provider
- To choose your own treatment provider, i.e. physio, chiropractor, etc
- To choose your own legal representatives (contact your union for advice on legal and other referral services)
- To have your union assist you with the progress of your claim and particularly on return to work issues.

For more information please contact your union. This Literature is recommended as a guide only and is not a substitute for professional or legal advice. If you need clarification or further advice please consult your Union for further information or *Contact the Workers Health Centre. The [Workers Health Centre](#) is a non-profit organisation that has provided workers with quality health and safety services since 1976.*

If you are an Injured Worker and in need of assistance and support when injured, please contact us

The Injured Workers Support Network

Address:

Phone:

Email:

Website:

The Injured Workers Support Network is a Not for Profit Organisation.

Who can participate?

- **All injured workers**
- **Any immediate family or support persons of injured workers.**

If interested in further information concerning meetings, membership or other forms of support for the Injured Workers Support Network, please contact us.